

Team-Building, with Horses!

Some are born leaders, some aren't. How do you develop your team's critical skills?

- Clear Communication
- Creative Problem Solving Skills
- Mindfulness & Positive Attitude
- Healthy Assertiveness
- Understanding of Body Language
- Team-Working Skills

Let Our Team Help Your Team

Our herd is comprised of individuals with as many varied personalities as their human counterparts. Highly sensitive to nonverbal stimuli, the horses provide honest, immediate and visible feedback to what's working and not working. HorsePlay will create customized workshops putting our team together with yours for opportunities to engage, play, collaborate and reflect.

Why Horses?

In contrast to rope courses and boring speakers, team-building in an equine environment can challenge your team with alternative opportunities for interaction and creative problem solving in a unique but safe environment. Horses seem to sense confidence and interpersonal skills along with your level of trust and awareness. Like humans, horses seek social bonds, desire leadership and most will allow a do-over without holding a grudge. Feedback is provided situationally as the horses respond to human body language and emotions.

Our Team and Facilities

HorsePlay sessions are led by Equine Assisted Learning Certified Professionals with multiple years of experience in the facilitation of Equine Assisted Learning. The team observes and guides the ground based equine interactions to provide real time opportunities for improving your team members individual social skills. No horse experience is required as all activities take place on the ground with no riding. and can be suitable for physical limitations and impairments. Most workshops are 2-3 hours and fees are based on group size.

Located in the beautiful Hudson Valley, HorsePlay is based at Nichols Field in Kerhonkson, New York on 72 bucolic acres of farm land. In addition to a 14,000 sq. ft. covered arena, the property offers open meadows, wooded trails, picnic and BBQ areas. Overnight stays can be accommodated on site or nearby. Easy to find, HorsePlay is just 2 hours from mid-town Manhattan and 1 hour south of Albany.

Contact us: [by email](#) or at 845.616.3608

<https://www.hudsonvalleyhorseplay.com/>